



The Episcopal Diocese of Iowa

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From Bishop Monnot

Dear siblings in Christ,

Earlier this year, I was invited to be part of a letter from Christian denominational leaders across our state of Iowa, addressed to all Iowa Christians, urging Christians to vote against the proposed amendment to the Iowa Constitution on November's ballot. Gun rights are a divisive issue in our state and in our country, and it is important to me as your bishop that any advice or request from me is solidly grounded in the Good News of our savior, Jesus Christ. This letter is consistent with the gospel and well rooted within it, and I believe that voting against this proposed amendment is one way that we Christians in Iowa can move one step closer, in solidarity with God, toward bringing about God's reign and creating the kind of society that Jesus preached about.

Please read the letter. Pray about your decision and your vote. Make a plan to vote, if you have not yet done so. As we promise in our Baptismal Covenant to "strive for justice and peace among all people, and respect the dignity of every human being," and to "seek and serve Christ in all persons, loving (our) neighbor as (ourselves)," we must fulfill that

promise, in part by voting for policies and candidates that uphold these promises. In that spirit, I urge you to vote against the proposed amendment to the Iowa Constitution.

In the promised abundant life of Christ,
+Betsey
The Rt. Rev. Betsey Monnot, Bishop of Iowa

FAITH LEADERS PRESS RELEASE

Bishop Monnot was been interviewed by Tim Harwood of KXEL radio in Cedar Rapids, about why she, as a Christian, opposes the proposed gun amendment to the Iowa Constitution.

LISTEN HERE

Faith in Action

TUESDAY, NOVEMBER 8: GENERAL ELECTION DAY

WEDNESDAY OCTOBER 19 – MONDAY NOVEMBER 7
In-person absentee voting.
Vote in your county auditor's office or at an appropriate satellite location, if available

TUESDAY NOVEMBER 8:

- Polls are open from 7:00AM until 8:00PM CT
- Absentee ballots must be received in your county auditor's office prior to 8:00PM CT

I'm an Episcopalian and
I VOTED!
#VoteFaithfully

When we vote, we publicly declare our commitment to love our neighbor and to seek the common good. Let's spread the word that we #VoteFaithfully!



VOTE
faithfully

FIND YOUR COUNTY AUDITORS
OFFICE

WHAT TO BRING

FIND YOUR POLLING PLACE

VOTER READY: A GUIDE TO VOTING
IN IOWA

Where will you be as polls close for U.S. midterm elections?
Join us online for Election Day Prayers.



**OFFICE OF
GOVERNMENT
RELATIONS**

**EPISCOPAL PUBLIC POLICY
NETWORK FACEBOOK PAGE**

Ordinations



**God willing and the people consenting,
The Right Reverend Betsey Monnot
Bishop of Iowa
will ordain**

**Elizabeth Abbott Wells McElroy
Catherine Ann Schroeder**

**to the Sacred Order of Deacons
in Christ's holy catholic Church**

**Saturday, December 3rd
Two thousand twenty-two
at two o'clock in the afternoon
St. Paul's Episcopal Cathedral
815 High Street, Des Moines, Iowa**

**Your prayers and presence are requested
The festal color is red Streaming is available**

Diocesan Convention



Thank you to everyone who helped make this Diocesan Convention possible!

The 170th Annual Convention of the Episcopal Diocese of Iowa is now concluded, and we're already looking ahead to next year. Thank you to everyone who helped make the 170th Annual Convention of the Episcopal Diocese of Iowa possible!

We value your feedback on this event and will use it to help plan next year's Convention. Please take a few minutes to let us know what you thought.

Some email servers may shorten our newsletter. Click [View as Webpage](#) to see the newsletter in its entirety.

Becoming Beloved Community



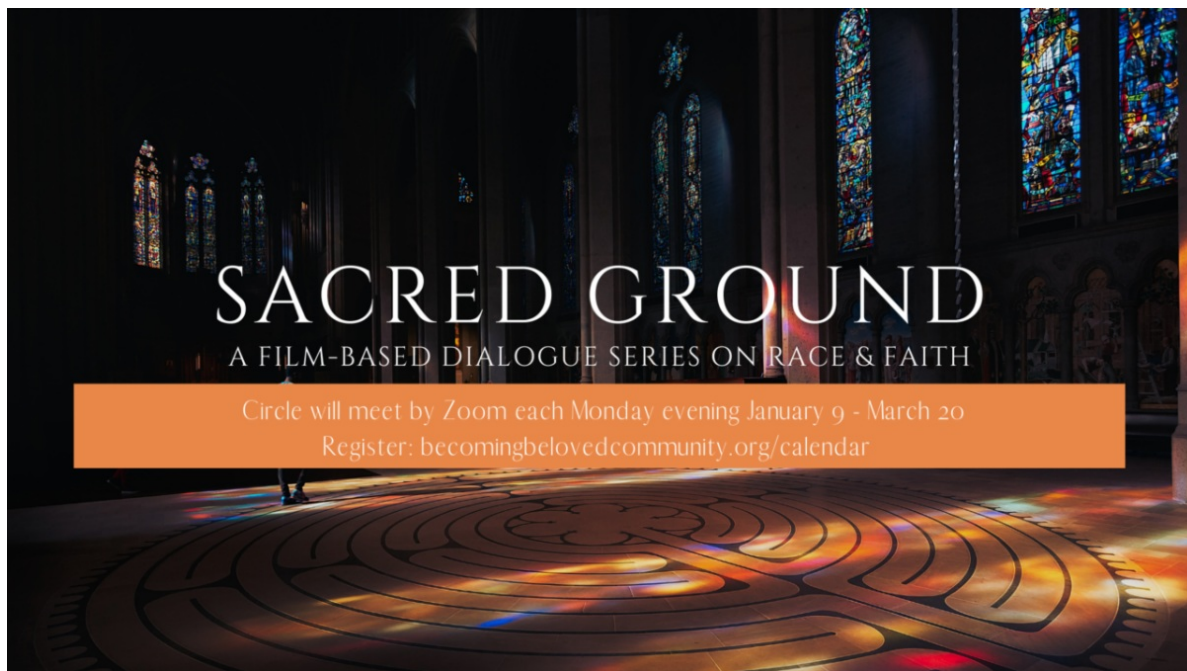
**DISMANTLING
RACISM**

**TRAINING FOR
CHURCH LEADERS**

NOVEMBER 12

Dismantling Racism: Training for Church Leaders

Dismantling Racism: Training for Church Leaders is a training day that is required of all lay and ordained leaders in The Episcopal Church (including vestries, search committees, diocesan leadership, etc.). Grounded in The Episcopal Church's commitment to dismantling racism as essential to our formation as Christians, this ONLINE training is open to all persons who would like to deepen their understanding of racism, prejudice, and privilege. The training will consist of 2 sessions from 10:00am-12:00pm and 12:30pm-2:30pm.



Behavioral Health Ministries Team

Bulletin Insert

988 SUICIDE & CRISIS
LIFELINE

No matter where you live in the U.S.,
you can easily access 24/7 emotional support.

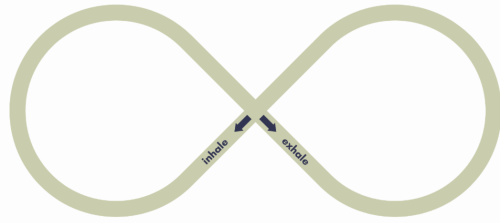
Call or text 988 or visit 988lifeline.org/chat to
chat with a caring counselor.

We're here for you.



infinity **MINDFUL BREATHING**

Trace your finger around the infinity symbol, focusing on your inhaling and exhaling.



BHMT NEWSLETTER

BREAKING THE SILENCE ABOUT
MENTAL ILLNESS WITH
CHILDREN AND TEENS

**BLESSED
YOUTH**




SARAH GRIFFITH LUND

BHMT Book Club

We will be discussing "Blessed Youth: Breaking the Silence about Mental Illness with Children & Teens." We will discuss Chapters 3 & 4 on November 14 at 7pm, and Chapters 5, 6 & 7 on December 1 at 7pm.

If this is a topic of interest and you would like to join in on the discussion, contact Amy Mellies at amellies@iowaepiscopal.org

Mind & Spirit Counseling Center, formerly Des Moines Pastoral Counseling Center, offerings



FORGETTING TO REMEMBER

A triumph over childhood trauma: through guitar & piano songs, and poetry & prose, Deb Kline reveals her healing and shines her light.

BENEFIT CONCERT

WHEN: Saturday, November 19th @ 2PM
 WHERE: Walnut Hills United Methodist Church
 12321 Hickman Rd, Urbandale, IA

WHY: Freewill donations for the PrairieFire Scholarship Program at Mind & Spirit Counseling Center, formerly Des Moines Pastoral Counseling Center, for personal spiritual development with options for director training.

MIND & SPIRIT COUNSELING CENTER
 debkline.com

Services for Faith Leaders and Congregations

- Individual Spiritual Direction:** Trained spiritual directors are skilled partners who journey with people through the process of becoming and growing in relationship with their true selves, others, creation, and the Divine.
 - Finding Your Why Retreats:** Finding Your Why retreats help congregations and organizations discover the core of their identity and purpose by being and listening to their own inspiring stories.
 - Congregational Coaching:** Individually designed workshop that help clergy and church leaders learn the essential outward-focused, relationship-focused mindset for healthy ministry as well as the essential structures and teams needed to support and sustain outwardly focused ministry.
 - Clergy Coaching:** For individual clergy members, Mind & Spirit Counseling Center is a resource for clergy who desire confidential consultation regarding leadership, pastoral care and/or other aspects of their ministry, vocational discernment, or professional growth.
 - Congregational Personnel Committee Training:** Training for those who support clergy and other church workers. Learn the importance of a clear vision and mission and how to support clergy and staff in relating based on that vision and mission. Topics include meeting with clergy in a church system, avoiding triangulation, setting priorities, and supporting healthy boundaries for clergy, staff, and volunteer leaders.
 - Pastoral Care Specialist Program:** A two-year professional development series on topics related to pastoral caregiving for clergy and congregational leaders.
 - Congregational Assessment Tool:** The "CAT" is a method of organizational listening that helps leaders move forward with decisions as a team that includes everyone, not just the voices that are the loudest. It improves decision making by giving leaders a more accurate understanding of critical dynamics of their congregation.
 - Suicide Awareness, Prevention, and Intervention Training:** Workshops for clergy, youth leaders, teachers, police, health care providers, parents and others. Ongoing suicide support group.
 - Child and Vulnerable Adult Protection Assessment and Training:** This consultation service helps congregations assess how safe their buildings and policies are for children and vulnerable adults. It teaches leaders how to create a safe environment for those most vulnerable.
 - Conflict Mediation/Transformation Services:** Just as families can develop conflict among their members, persons working closely together can experience tension and/or conflict. Conflict transformation is a dynamic process of helping congregations come to a better understanding and resolution of problems.
 - Team Building:** Build empathy, understanding, and trust between leadership teams through a conversational process involving intentional listening that engages both receivers and senders in meaningful communication.
- If you need support or training of any kind, simply email Chris Waddie, Director of Leadership and Spiritual Life crwaddie@mindandspiritcenter.org or call him at 515-888-7177. All conversations are confidential.

MINDSPRING FREE WEBINARS

NAMI CENTRAL IOWA

Safe Church, Safe Communities



Who needs to take the training?
 See diagram

Which courses do I need to take?
 Depends on your role - See the chart [HERE](#) for which courses (#1-9) you should take.

There are 8 new active courses, and a 9th is soon to be added. When you login, you may need to scroll toward the bottom of the page to find them.

We will be hosting online training options for those who would like to complete the training in a group setting. Register below for the date that works best for you.

NOVEMBER 13

Come and See: Genesis II

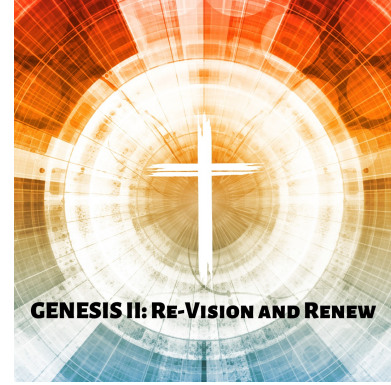
November 5 10:00am-3:30pm

The Diocese of Iowa has been offered an exciting opportunity to partner with The Episcopal Church's office of Church Planting and Redevelopment on a process called **Genesis II: Revision and Renew.**

Congregations that choose to participate in Genesis II will get up to 2 years of FREE coaching, support, and resources from trained leaders in The Episcopal Church that are focused on helping develop more faithful, healthy and effective communities of faith. It is a way to engage in congregational development that is primarily lay-led with clergy support.

Join us at **St. Andrew's Episcopal Church** in Des Moines on Saturday, November 5, 2022 from 10:00am-3:30pm to learn more about Genesis II: Re-Vision and Renew. Each participating congregation (or a combination of congregations that are in close proximity to each other) is asked to send a team of 3 (or more if desired). That team might include:

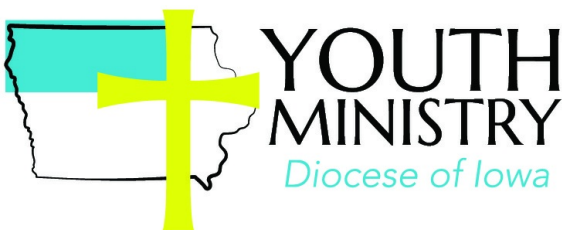
- Priest-in-Charge/Rector and/or deacon
- Potential team member(s)
- Vestry member
- Any others you would like to invite



[LEARN MORE](#)

[REGISTER FOR NOV 5](#)

Youth Ministry



Stay up-to-date on all of our upcoming events [HERE](#).



Small Acts, Big Impact

December 3-4: Trinity, Muscatine

This is a retreat for young people (9th-12th grade) who desire to learn and work towards a better community for all in our faith families. Our main focus for this weekend will be Matthew 25:31-46, taking care of our neighbors. Youth will take part in outreach ministries that diocesan congregations already take part in, and team-building exercises. We hope to empower our youth to go and make an impact in their communities.

Youth will meet and stay overnight at Trinity, Muscatine but we will also be visiting Trinity, Davenport.

The fee for this event is \$35. Scholarships are

always available and you can fill out the request form [HERE](#).

[REGISTER HERE](#)

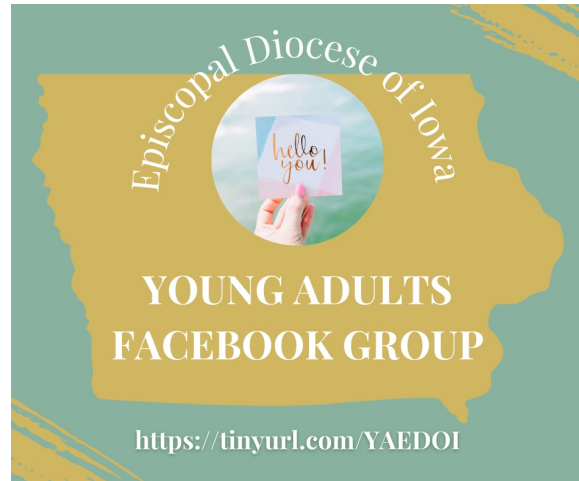
Young Adults



SAVE THE DATE AUGUST 8-17, 2023

Young Adult Pilgrimage
IOWA

This is the third leg of a young adult (ages 18-30) pilgrimage between Iowa's companion Dioceses of Brechin in Scotland and Swaziland in eSwatini. In 2023 young people from each Diocese will meet together in Iowa.



Episcopal Diocese of Iowa

hello!

**YOUNG ADULTS
FACEBOOK GROUP**

<https://tinyurl.com/YAEDO1>

GILEAD Grants



**GILEAD GRANTS
2022**

Congratulations to our 2022 Grantees! Check out this video to hear from this year's grantees about their projects and the grant process

[LEARN MORE](#)

United Thank Offering Grant Applications



UTO
UNITED THANK
OFFERING

The diocesan due date for submission of grant applications from within The Episcopal Church -- February 10, 2023 - allows time for the grants to be reviewed by the diocesan grant review committee

The 2023 United Thank Offering UTO Grant application materials are open and available [HERE](#).

Over the next 3 years, The United Thank Offering, in the spirit of Matthew 25:36, will focus on areas of ministry that serve those who society has left out and left behind. Therefore, the UTO grant focus for 2023 will be on innovative mission and ministry projects addressing all aspects of the worldwide incarceration crisis, specifically preventative programs, and intervention, prisoner support outreach, prison reform work, or post-prison re-

and for the Bishop's endorsement.

For the Anglican Communion or those needing translation support, there are two deadlines. The Iowa deadline for diocesan partnering with these types of grant applications is **December 6, 2022**. The first deadline with The Episcopal Church UTO office, Friday, January 6, 2023, ensures that your application is in the process, no new applications will be accepted after this date. Read more [HERE](#).

Questions?

Email: diocese@iowaepiscopal.org

The UTO Board is offering a series of webinars to assist anyone associated with submitting an application for the 2023 granting cycle.

Nov. 15 webinars:

Noon Eastern: [Register in advance for this meeting](#)

7 p.m. EST: [Register in advance for this meeting](#)

Both will center on the application forms and budget. More info and additional dates [HERE](#).

Contemplative Prayer Workshop



Contemplative Prayer Workshop
with Br. James Dowd, OSB

Save the Date

December 10, 2022, 10:00AM - 1:00PM
St. John's Episcopal Church , Mason City, IA

Learn More: www.iowaepiscopal.org

Don't worry if you aren't able to make this workshop. Other dates will be announced in the near future.

Resources

[ecfvp WEBSITE](#)

5 Resources on Radical Hospitality



ECF Fellow Sarah Barton discusses the varying degrees of welcome accorded adults with intellectual and developmental disabilities in her article [Welcoming Adults with Intellectual and Developmental Disabilities](#).



Jon Davis talks about Third Places, Thin Places, and a modern day understanding of the mission of the church in his article [The Third Place](#).



In his blog [Missional Mealttime](#), Alan Bentrup talks about how the playing field levels when we sit down to eat with each other and get to know each other at the table.



In [Sharing the Bounty of God's Garden](#), Bill Eakins describes God's Garden, a project of St. John's Episcopal Church in West Hartford, and how it reaches out in welcome to the neighboring community.



Since 2015, the Companions of Dorothy the Worker have cared for the most marginalized folks of the LGBTQ+ community in the San Francisco area. Diana Wheeler describes their radical hospitality in [Vocation in an Unsafe World](#).



Partnering with the Episcopal dioceses of Southwest Florida and Florida to provide supplies and direct financial assistance to people affected by Hurricane Ian.

[DONATE TO HURRICANE RELIEF FUND](#)



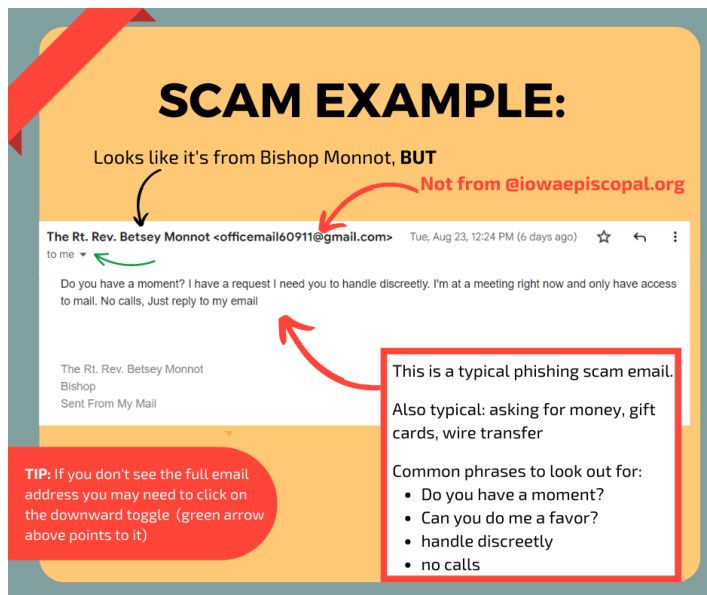
The Partner's Path

We support spouses of Episcopal clergy through community building, education, resources, and soul care, so that you might flourish in your community and in the world.

[LEARN MORE](#)

- [Joint Intercession List](#)
- [Mental Health Resources](#)
- [COVID-19 resources](#)

Beware of Email Scammers



We continue to receive reports of scammers posing as key personnel (bishop, staff, clergy, etc.) asking for money, gift cards, etc.

Unfortunately, there isn't anything we can do from the diocesan office to prevent these as it isn't necessarily a breach of someone's email. Stay vigilant, and contact our office directly for verification if you're ever unsure.

MAKE SURE TO:

1. **Look closely at the "From" email address:** Legitimate emails from the bishop and the diocesan staff will use an email address ending in **@iowaepiscopal.org**.
2. **Verify any requests for money or assistance:** Instead of replying to the email/text, contact the person or office it's claiming to come from by calling or emailing them directly

NOTE ABOUT UNSUBSCRIBING:

if you click "Unsubscribe" below it removes you from ALL diocesan emails (including the e-news, letters from the Bishop, etc.) and our office cannot re-subscribe you. You'll need to re-subscribe yourself by clicking on "start sending me the news!" at this link: <https://www.iowaepiscopal.org/news>. If you wish to be taken off of a specific email list or have questions, contact diocese@iowaepiscopal.org

Episcopal Diocese of Iowa | 225 37th Street, Des Moines, IA 50312

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