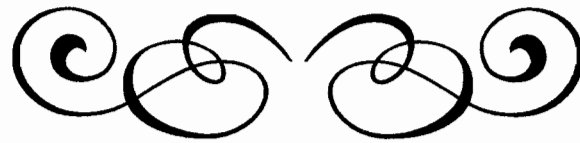
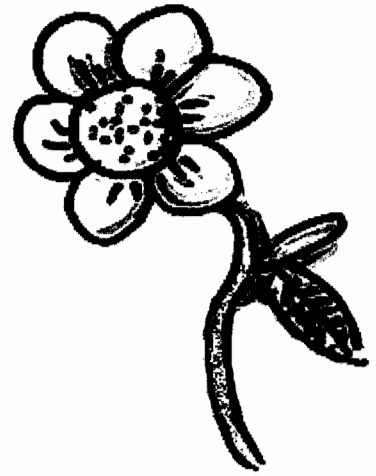


*Pathways
to
Serenity*



STEP 8

STEP 9

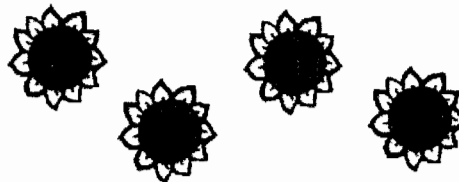
THE PROMISES



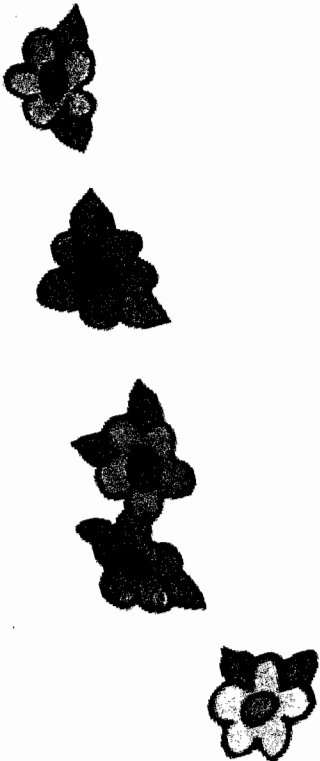
April 24, 25 & 26 2009

ST. THOMAS MOORE CENTER

PANORA, IOWA



*OFFERED BY THE CHEMICAL DEPENDENCY
COMMITTEE OF THE
EPISCOPAL DIOCESE OF IOWA*



REGISTRATION FORM

PATHWAYS TO SERENITY

** Registration Deadline April 13th 2009*

NAME _____

ADDRESS _____

CITY, STATE, ZIP _____

PHONE _____ EMERGENCY # _____

* PLEASE DO NOT PUT ME ON THE REGULAR PATHWAYS MAILING LIST OR SHARE THIS WITH OTHERS. CHECK HERE _____

* I AM WILLING TO BE A 5TH STEP LISTENER _____

* I WANT TO DO MY 5TH STEP & REQUEST A LISTENER _____

* I AM WILLING TO BE A TEMPORARY SPONSOR _____

ENCLOSED IS: \$50 _____ OR A DEPOSIT OF \$25 _____

SATURDAY ONLY \$25 _____

MAIL REGISTRATION & FEE TO:

EPISCOPAL DIOCESE OF IOWA

225 37TH STREET

DES MOINES, IOWA 50312

* SINCE OUR FOOD IS CATERED,

WE NEED A EXACT NUMBER,

SO PLEASE SEND YOUR

REGISTRATIONS ON TIME!

PATHWAYS TO SERENITY

FRIDAY April 24th - SUNDAY April 26th

St. Thomas Moore Center
Panora, Iowa

PATHWAYS IS FOR people in recovery from chemical dependency and those that love them. It's for beginners and old timers. Alcoholics, addicts, Al-Anons, family members and concerned persons are most welcome. The retreat is sponsored by the Episcopal Church of Iowa, but people of any faith and those seeking faith are cordially invited. This is a spiritual retreat. Our primary focus is the spiritual path known as the 12 steps, as first articulated by Alcoholics Anonymous. Over the weekend there will be three open 12 step meetings. Retreatants are responsible for designing their own retreat experience. Many opportunities for step study and for spiritual & religious work will be offered. All activities are optional.

REGISTRATION fees are underwritten by the Diocese of Iowa's Chemical Dependency Committee. Saturday only fee is \$25. Pre-registration fee is \$25. You may pay the balance of the total fee at the retreat. Folks have been donating to a scholarship fund over the years so that noone will be turned away due to the inability to pay. Assistance is available. For scholarships or any other questions call Patti Christensen (515) 223 - 5083.

WHAT TO BRING: Yourself and a friend! Sleeping bag or sheets, pillows and blankets, towels, flashlights for bonfire, used books to share, lawn chairs or a cushion to sit on, any lawn games or musical instruments. We have a potluck on Friday evening, so please bring food to share.

**REGISTRATION DEADLINE (NO KIDDING)
APRIL 13th, 2009
MAIL CHECKS TO: EPISCOPAL DIOCESE OF IOWA
225 37th STREET
DES MOINES, IOWA 50312**

PATHWAYS TO SERENITY AGENDA

STEPS 8, 9 and THE PROMISES

All activities are opportunities, not requirements!

FRIDAY APRIL 24th

- 4:00 P.M. Registration begins
- 6:00 Serenity Potluck
- 7:00 Introductions
- 7:30 Step 8 Speaker
- 8:30 Candlelight Open A. A. Meeting
- 9:00 Snacks

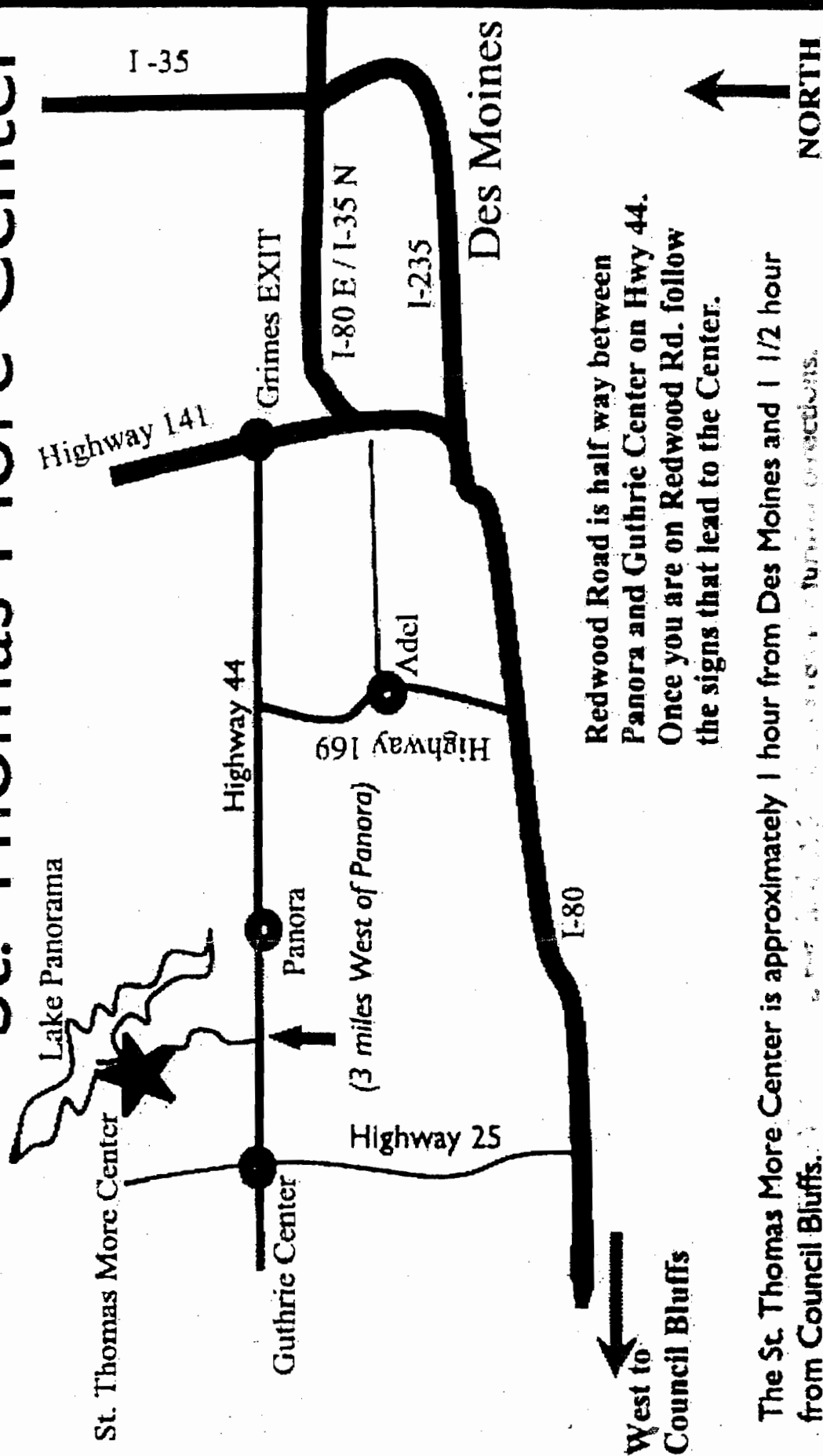
SATURDAY APRIL 25th

- 7:30 A.M. Sharing meditations
- 8:00 Breakfast
- 9:00 Step 9 Speaker
- 10:00 Open 12 Step Meetings
- 11:00 Free Time
- Noon Lunch
- 1:00 P.M. Free Time
- 3:00 The Promises Speaker
- 4:00 Open 12 Step Meetings
- 5:00 11th Step: Prayer and Meditation
- 6:30 Dinner

SUNDAY APRIL 26th

- 7:45 A.M. Sharing Meditations
- 8:30 Spiritual Service
- 9:45 Brunch
- 10:30 Closing Meeting
- Noon Keep Comin Back! It Works!

St. Thomas More Center



The St. Thomas More Center is approximately 1 hour from Des Moines and 1 1/2 hour from Council Bluffs.